

Covid-19 Protocols

| Tested Positive | Household Member Positive |
|--|--|
| <p>Isolate at home for 5 days from start of symptoms.</p> <p>Student/staff may return on day 6 if they are...</p> <ol style="list-style-type: none"> 1. Asymptomatic or symptoms are improving. 2. Fever free for 24 hours without the use of fever-reducing medications. <p>He or she must wear a mask for days 6-10.</p> <p>If student/staff wishes to not wear a mask for days 6-10, they have the option of either...</p> <ol style="list-style-type: none"> 1. Isolating for the full 10 days or 2. Providing a negative test to return. | <p>Quarantine is not required if student/staff is asymptomatic and has not tested positive.</p> <p>If symptoms develop, follow <u>Tested Positive</u> column.</p> |

Testing

- If testing is necessary, proof of test is required. A physician note, test result form, or a picture of a home test is acceptable. Please email picture of home test to ckoval@sssd.com.

| CONTACT <hr/> Chloe' Koval School Nurse 814-267-4649, ext. 219 ckoval@sssd.com | Please stay home if you have any two of the following symptoms or are taking fever-reducing medications. | | |
|---|--|----------------------------|--------------------------------------|
| | Temperature of 100.4°F or higher | New loss of taste or smell | Nasal congestion/runny nose |
| | Cough | Difficulty breathing | Upset stomach, vomiting, or diarrhea |
| | Severe headache | Sore throat | Muscle aches or fatigue |

Definitions

Symptom Start Date = Day 0

Asymptomatic: no symptoms

Isolation: separates sick individual from non-sick.

Fever-reducing medications: Ibuprofen (Motrin/Advil), Acetaminophen (Tylenol), Naproxen (Aleve).

Many cold medicines have these ingredients.